



Food Friendzzy

Winter 2016

February 15 - April 7

M/W 4-5pm
T/Th 4-5pm
T/Th 12:45-2pm



PTC Food Friendzzy is a feeding group for children who are picky eaters and problem feeders. It addresses the unique feeding needs of each child in a fun and supportive setting. Each group is directed by two or more occupational therapists with extensive training in a wide variety of feeding-based therapy techniques. New foods are introduced based on the Sequential Oral Sensory (SOS) feeding protocol and children work in small groups to allow for opportunities to interact with and observe their peers during food-based tasks. This group is ideal for children:

- With specific food aversions
- That are eating a limited number of foods
- Demonstrating rigid diets and/or mealtime routines
- Having trouble transitioning between food stages (ex. purees to solids)
- With difficulty tolerating the introduction of new foods
- Showing aversive reactions to foods (gagging, vomiting, etc)
- Unable to meet nutritional requirements on their current diets
- Transitioning from g-tubes/increasing oral intake



Groups will be formed based on each child's age and feeding abilities. PTC occupational therapists will work closely with caregivers to develop a successful home program both during the camp, and also for carryover once the camp is complete.

Children will develop valuable skills to improve their ability to participate in family meals and snacks with classmates and peers. Groups will be carried out in an environment where social interactions are important and encouraged, where food is fun, and where even small achievements are celebrated in a big way.

Groups will be created based on the ages and abilities of the children that apply and are limited to 5 children per group.

Please see reverse side for registration instructions and further information.

www.ptcne.org

