



# Food Friendzy

## Fall 2015

August 24<sup>th</sup> - October 22<sup>nd</sup>

Tuesday & Thursday  
11:00 am to 12:00 pm

Ages 2-6



PTC Food Friendzy is a feeding group for children who are picky eaters and problem feeders. It addresses the unique feeding needs of each child in a fun and supportive setting. Each group is directed by two or more occupational therapists with extensive training in a wide variety of feeding-based therapy techniques. New foods are introduced based on the Sequential Oral Sensory (SOS) feeding protocol and children work in small groups to allow for opportunities to interact with and observe their peers during food-based tasks. This group is ideal for children:

- With specific food aversions
- That are eating a limited number of foods
- Demonstrating rigid diets and/or mealtime routines
- Having trouble transitioning between food stages (ex. purees to solids)
- With difficulty tolerating the introduction of new foods
- Showing aversive reactions to foods (gagging, vomiting, etc)
- Unable to meet nutritional requirements on their current diets
- Transitioning from g-tubes/increasing oral intake



Groups will be formed based on each child's age and feeding abilities. PTC occupational therapists will work closely with caregivers to develop a successful home program both during the camp, and also for carryover once the camp is complete.

Children will develop valuable skills to improve their ability to participate in family meals and snacks with classmates and peers. Groups will be carried out in an environment where social interactions are important and encouraged, where food is fun, and where even small achievements are celebrated in a big way.

Groups will be created based on the ages and abilities of the children that apply and are limited to 5 children per group.

Please see reverse side for registration instructions and further information.

[www.ptCne.org](http://www.ptCne.org)

We attempt to create a homogenous group of children to maximize learning. A lottery system will be used if there are more eligible applicants than slots.

Feeding groups are billed through your insurance, however, coverage is not guaranteed. PTC makes every effort to ensure that your carrier will cover these services under your occupational therapy benefits. It is strongly recommended that caregivers be aware of their insurance coverage and that you contact your carrier to verify benefits and coverage prior to the start of the group.

Fax or deliver to PTC by 6 pm on August 7, 2015.

Accepted participants will be notified via email by August 12, 2015.

☐ 11am-12pm

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Child's Home Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Parent Email address \_\_\_\_\_

Parents/Guardian Names \_\_\_\_\_

Insurance Company \_\_\_\_\_

Insured Name \_\_\_\_\_

ID Number (Sponsor's SSN for Tri Care) \_\_\_\_\_

Group Number \_\_\_\_\_

Customer Service Phone Number \_\_\_\_\_

# Food Friendlyz

## Attendance Policy

Spaces in the groups are competitive and group size is limited. The success of the group depends on consistent attendance from the participants. For this reason, PTC requires at least 24 hours notice if your child will not be able to attend a session. If absence without notice occurs a \$30.00 fee for each missed session will be billed directly to you (not your insurance).

We also ask that you notify us at the time of registration of any conflicts that will create any extended absences during the program.



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**Questions?**  
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